



Report of: Corporate Director for Children, Employment and Skills

Health and Wellbeing Board	Date: 18 April 2018	Ward(s): All
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SUBJECT: Children and young people's health related behaviour questionnaire

1. Synopsis

- 1.1 This report outlines key findings from the health related behaviour questionnaire that was carried out with 3300 Islington children and young people between April and July 2017.

2. Recommendations

- 2.1 That the findings of this research be noted.
- 2.2 To encourage all Health and Wellbeing Board partner organisations to consider how the findings can help to inform future work.

3. Background

- 3.1 The health related behaviour questionnaire is carried out every two years. It is anonymous and carried out with pupils in Years 5, 6 (10-11 year olds in primary schools and Year 8 (12-13) and Year 10 (14-15) in secondary schools. All schools in Islington are invited to take part in the survey. The survey has been developed by the Schools Health Education Unit, Exeter and has been in use for over 30 years with over 3000 schools using the survey across London and the UK (the 'wider sample' referred to in the slide set).
- 3.2 The questionnaire explores key health and wellbeing topics, in an age appropriate way, with different questions for primary and secondary pupils. Topics covered include:
- School and lessons about health and wellbeing
 - Emotions and how children and young people feel
 - Bullying and feeling safe, including online
 - Sleep and oral health
 - Physical activity and diet

- Smoking, alcohol and drugs
- Learning about growing up (primary age) and relationships and sexual health (secondary)

4. Implications

4.1 Financial Implications:

None.

4.2 Legal Implications:

The council has a duty under section 10 of the Children Act 2004 to promote cooperation with relevant partners (including health, education, police and probation services) regarding children's well-being in Islington, and relevant partners have a duty to cooperate with the council. The focus of the survey explores children and young people's views and behaviours related to physical and mental health, emotional and social well-being; protection from harm and education related to these aspects of children and young people's lives.

4.3 Environmental Implications

There are no specific environmental implications of the findings of the questionnaire. However, the reduction in smoking may contribute to a decreasing in littering in the borough in the longer-term.

4.4 Resident Impact Assessment:

The council must, in the exercise of its functions, have due regard to the need to eliminate discrimination, harassment and victimisation, and to advance equality of opportunity, and foster good relations, between those who share a relevant protected characteristic and those who do not share it (section 149 Equality Act 2010). The council has a duty to have due regard to the need to remove or minimise disadvantages, take steps to meet needs, in particular steps to take account of disabled persons' disabilities, and encourage people to participate in public life. The council must have due regard to the need to tackle prejudice and promote understanding. A resident impact assessment is not applicable to this report.

5. Conclusion and reasons for recommendations

- 5.1 The Board is asked to note the key findings from the survey: they reflect successes of work to date and challenges for existing and future work to support children, young people and families.

Appendices: Health related behaviour questionnaire slide set

Background papers: None

Signed by:



9 April 2018

Carmel Littleton
Corporate Director of Children, Employment and
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Date

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